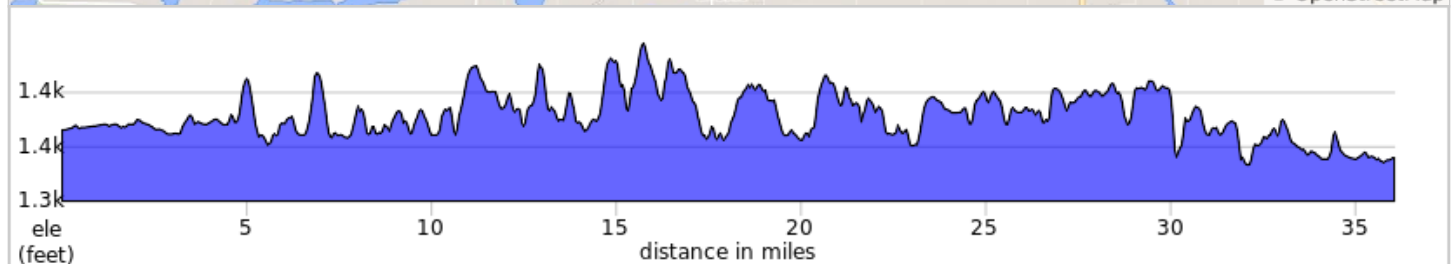
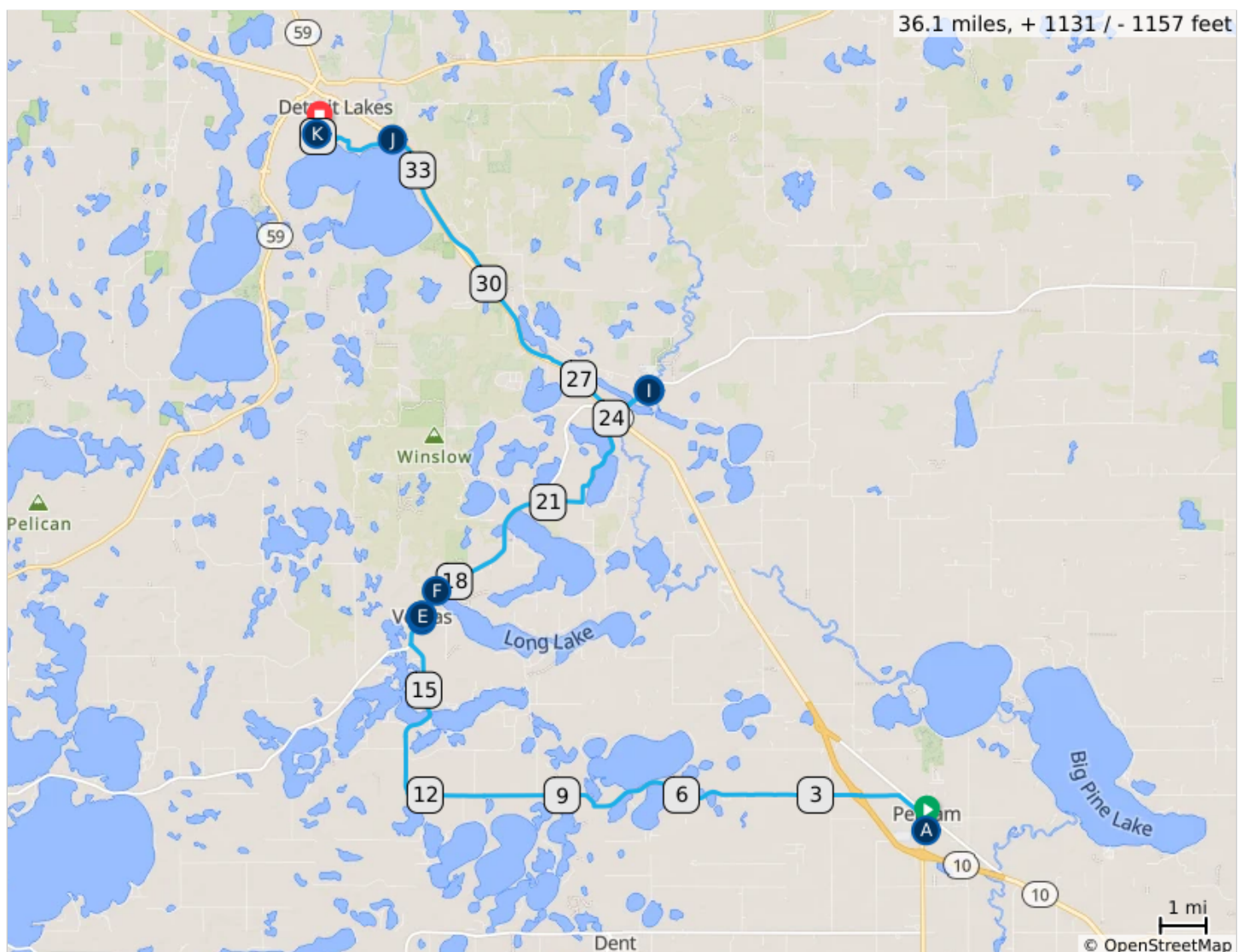


# BAM26\_Day 4\_Perham\_DL



|    |                                                                     |    |                                                         |
|----|---------------------------------------------------------------------|----|---------------------------------------------------------|
| A. | Perham                                                              | G. | Frazee-Monarch Coffee House, mile 25                    |
| B. | Vergas 66 convenience store/restrooms on side of building - mile 17 | H. | Frazee-Home Sweet Bakehouse, mile 25 Right Turn on Main |
| C. | Cenex gas station/store, mile 17 off of West Main and 1st Ave N     | I. | Sinclair convenience store, mile 25                     |
| D. | Loons Nest Cafe, mile 17                                            | J. | Mobil, mile 34                                          |
| E. | Otter Coffee & Ice Cream Mile 17                                    | K. | Detroit Lakes                                           |
| F. | World's Largest Loon Statue, mile 18                                |    |                                                         |



| Dist | Type                                                                                                                                                                       | Note                                                                             | Next |
|------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------|------|
| 0.0  | <br>     | Perham                                                                           | 0.1  |
| 0.1  | ←                                                                                                                                                                          | L onto 4th Street Southeast                                                      | 0.1  |
| 0.2  | →                                                                                                                                                                          | R onto 2nd Avenue Southeast                                                      | 0.1  |
| 0.4  | ←                                                                                                                                                                          | L onto 2nd Street Southeast                                                      | 0.8  |
| 1.1  | ←                                                                                                                                                                          | L onto Heart of the Lakes Trail                                                  | 0.9  |
| 2.0  | →                                                                                                                                                                          | R, then L, to stay on the trail which is now on the other side of County Hwy 34. | 0.1  |
| 2.1  | →                                                                                                                                                                          | R, then quick L, to stay on the trail                                            | 10.2 |
| 12.3 |                                                                                           | Slight R to exit the trail by the trailhead                                      | 0.1  |
| 12.4 | →                                                                                                                                                                          | R onto 440th                                                                     | 0.0  |
| 12.4 | ←                                                                                                                                                                          | L onto County Highway 35                                                         | 3.7  |
| 16.1 | →                                                                                                                                                                          | R onto South Pelican Avenue, County Rd 4                                         | 0.6  |
| 16.7 | <br>     | Vergas 66 convenience store/restrooms on side of building - mile 17              | 0.0  |
| 16.8 | ←                                                                                                                                                                          | L to stay on County Rd 4 / South 1st Avenue                                      | 0.1  |
| 16.8 | <br> | Cenex gas station/store, mile 17 off of West Main and 1st Ave N                  | 0.0  |
| 16.9 | <br> | Loons Nest Cafe, mile 17                                                         | 0.2  |
| 17.0 | →                                                                                                                                                                          | R onto East Scharf Avenue                                                        | 0.0  |
| 17.0 | ←                                                                                                                                                                          | Quick L onto bike trail                                                          | 0.5  |
| 17.6 | <br> | World's Largest Loon Statue, mile 18                                             | 0.0  |
| 17.6 |                                                                                         | Exit the trail at Loon statue / Wayside                                          | 0.0  |
| 17.6 | →                                                                                                                                                                          | R onto North Old Detroit Road / County Rd 4                                      | 0.1  |
| 17.7 |                                                                                         | Veer L to stay on County Rd 4. CAUTION                                           | 3.0  |
| 20.7 | →                                                                                                                                                                          | R onto 504th Street                                                              | 1.0  |
| 21.8 | ←                                                                                                                                                                          | L onto West Wymer Lake Road                                                      | 2.2  |
| 24.0 | ↑                                                                                                                                                                          | Continue onto State Highway 87                                                   | 1.1  |
| 25.1 | <br> | Frazee-Monarch Coffee House, mile 25                                             | 0.0  |

25.1 miles. +846/-815 feet

| Dist | Type                                                                                                                                                                     | Note                                                 | Next |
|------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------|------|
| 25.1 | <br> | Sinclair convenience store, mile 25                  | 0.1  |
| 25.1 | →                                                                                                                                                                        | R onto Juniper Avenue West, just past the RR tracks. | 0.0  |
| 25.1 | ←                                                                                                                                                                        | L onto bike trail                                    | 7.7  |
| 32.9 |                                                                                        | Slight L onto Heartland Trail                        | 0.3  |
| 33.2 | ←                                                                                                                                                                        | Veer L to stay on trail                              | 0.1  |
| 33.3 | →                                                                                                                                                                        | R to stay on trail                                   | 0.8  |
| 34.0 | ←                                                                                                                                                                        | L onto North Shore Drive                             | 0.0  |
| 34.0 | <br> | Mobil, mile 34                                       | 1.1  |
| 35.1 | ↑                                                                                                                                                                        | Continue onto Roosevelt Avenue                       | 0.1  |
| 35.2 | ←                                                                                                                                                                        | L onto North Shore Drive                             | 0.3  |
| 35.5 | ←                                                                                                                                                                        | L onto bike trail through Detroit Lakes City Park    | 0.1  |
| 35.6 | ←                                                                                                                                                                        | L onto Washington Avenue, becomes West Lake Drive    | 0.3  |
| 35.9 | →                                                                                                                                                                        | R onto Rossman Avenue                                | 0.1  |
| 36.0 | ←                                                                                                                                                                        | L into Becker County Fairgrounds                     | 0.0  |
| 36.1 |                                                                                      | End of route                                         | 0.0  |

11.0 miles. +271/-325 feet